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My Body Parts



LEARNING OBJECTIVE

- Different parts of our body
- Functions of different body parts



Different Parts of Our Body

Do all of us look the same? -----

- ★ All of us have the same body parts. Yet, we look different.
- ★ Each part of our body has a different name.
- ★ Our face has many parts.
- ★ All of us should keep our body neat and clean.



infobits

The brain is the control master of our body.



TEACHER'S NOTES

Instruct pupils to clean all of their body parts.

Functions of Different Body Parts

★ Arms and Legs ★

We have two arms and two legs.
Each hand has five fingers.
We use our hands to



Hold things



Write and draw



Pick things



Brush

We have two legs and two feet.
Each leg has one foot.
Each foot has five toes.
Legs help us to



Stand



Walk



Run



Kick

We all have the same body parts.
But we look different.
Some of us are tall and some are short.
Some of us have curly hair and some have straight hair.
Some of us have black eyes and some have brown.





Summary



- ★ Our body has many parts.
- ★ We use our hands to write, pick things, brush and eat.
- ★ We use our legs to walk, run and kick.



Fact Finder

- ★ Our body is covered with skin.
- ★ All fingers have their special names.



Exercise



A. Tick (✓) the correct option.



- How many eyes do you have?
a. One ☐ b. Two ☐ c. Three ☐
- How many fingers are there in each hand?
a. Four ☐ b. Five ☐ c. Six ☐
- We use our hands to
a. Write ☐ b. Hold things ☐ c. both ☐

B. Write how many of each of these parts do you have.



a. Eyes



b. Ears



c. Nose



d. Fingers



e. Mouth



f. Legs



g. Arms



h. Thumbs



i. Toes



C. Answer the following questions.



a.



How many eyes do you have?

.....

b.



How do hands help us?

.....

c.



How do legs help us?

.....

d.



How many fingers do you have in each hand?

.....



ACTIVITY TIME



D. Paste your full body photograph here and label the parts.

A large rectangular area with a dashed blue border, intended for pasting a full-body photograph and labeling body parts.

E. Match the following.

a. Eyes

b. Nose

c. Ears

d. Mouth

e. Hands



F. Colour the picture.

