



Good Habits

Our habits shape the kind of people we become. To become a good person we should avoid doing certain things.

A. Read the acts below and write 'Do' and 'Don't' in given space:

1

Putting your hand out of the car or bus.



2

Touching or playing with a wire of an electrical appliance.



Let Me Answer

What will happen if you play with sharp objects?

3

Handling sharp scissors or blades.



4

Playing with matchboxes.



5

Throwing stones at animals.



6

Playing on the road.



7

Always respect our elders.



Discuss in class the reasons as to why you should not do these things.





Golden Habits

Having good habits is very important for a successful and happy life.
A person with good habits never fails.

A. Which of these are good habits? Tick (3) the good habits and cross (7) the bad ones. Try to develop good habits.

1
Brushing your teeth
twice a day.


☐

2
Not wasting your
food.


☐

3
Getting into bed
with your shoes on.


☐

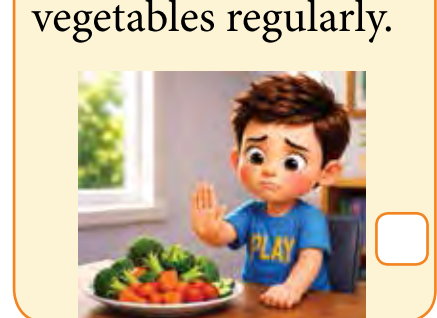
4
Biting your nails.


☐

5
Washing your hands after
returning from school.


☐

3
Not eating green
vegetables regularly.


☐


Write one good habit and one bad habit that you have:

Good habit _____

Bad habit _____



Ask the learners to share any good habits that they have developed in the school.





Good Turn

An act of kindness has potential to make the world a happier place. It boosts confidence and happiness. This may encourage others to repeat the good deeds.

A. Tick (3) the good deeds and cross (7) the bad ones.



Let Me Answer

Have you shown any act of kindness to the elderly people?

1 Fighting with the other children.



2 Sharing toys with a friend.



3 Watering plants.



4 Writing on the walls.



5 Giving a glass of water to elders.



6 Plucking flowers and leaves.



Activity Time

Write about any good deed you have done today.

Write about any bad deed you have done today.



Discuss any of the stories on the act of kindness and ask the learners to decode the values from the story.





National Symbols

The national symbols represents the unique features of any country. Our country, India, also has its national symbols which we should respect, and be proud of.

A. Here are pictures of our national symbols. Identify them and write their names on the given spaces.



1. This is our national emblem.



2. This is our national currency.



Let Me Answer

What do you do when the national anthem is played?



3. This is our national flag.



Info Bit

Our national emblem is taken from the Ashokan Pillar at Sarnath (near Varanasi, UP). It shows four lions that are mounted on a flat slab, carrying sculptures of an elephant, horse, bull and lion.



4. This is our national tree.



5. This is our national flower.



Explain the national anthem and its importance to the students.

B. Fill in the blanks:

1. Our National Anthem is _____.

2. Our National Song is _____.

C. Can you name these?

1. Our National Bird _____.

2. Our National Fruit _____.

3. Our National Animal _____.





Historical Monuments

Monuments remind us of our heritage. India is a home to some of the finest historical monuments in the world.



Let Me Answer

Can you name any of the historical monuments of your city?

A. Pictures of some historical monuments are given below. Write the names of these buildings in the space provided. You may take hints from the help list.















Info Bit

The Taj Mahal is one of the seven wonders of the modern world. It is situated in the city of Agra.



Help List

Sun Temple (Konark)	Taj Mahal
Buland Darwaza	Red Fort
Hawa Mahal	Kailash Temple (Ellora)



Teacher Note

Assist the learners in identifying the historical monuments and also their city.

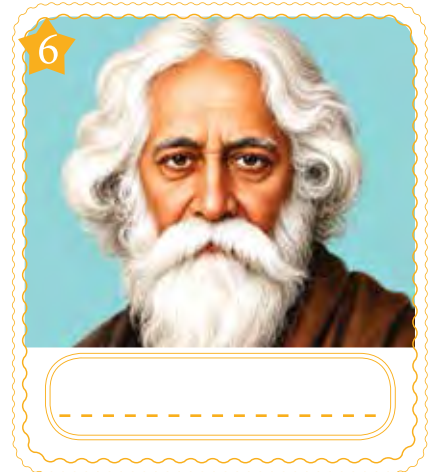
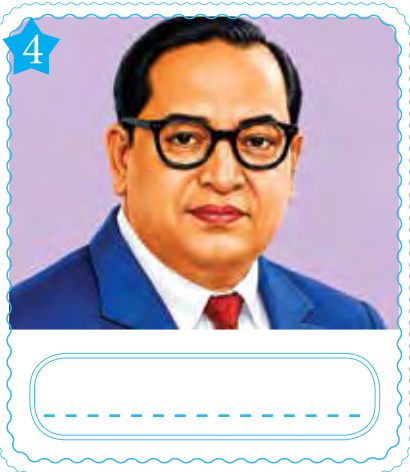
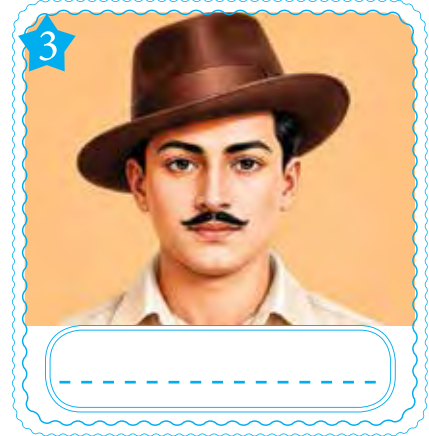
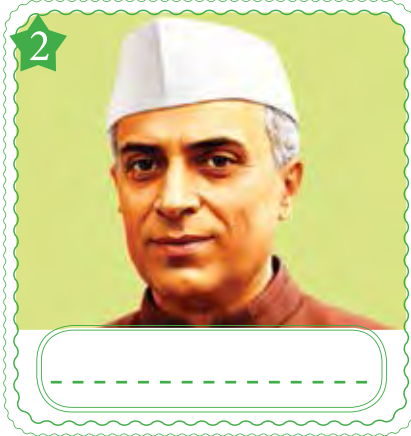
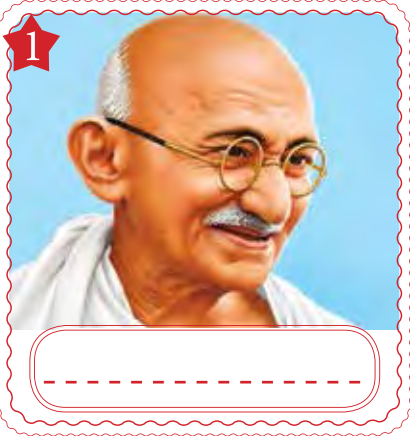




Extraordinary Legends

India is known as “the Grandmother of Legends.” It is the birthplace of many extraordinary legends.

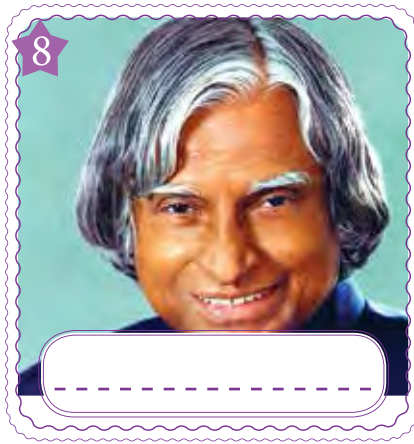
A. Look at these pictures of some great Indians, identify them and write their names on the given spaces. A help list is given to assist you.



Let Me Answer

Do you know the slogan ‘Do or Die’ was given by which extraordinary legend?





Help List

C.V. Raman

Bhagat Singh

Jawaharlal Nehru

Lata Mangeshkar

Rabindranath Tagore

Mother Teresa

Mahatma Gandhi

Dr. B.R. Ambedkar

A.P.J. Abdul Kalam

B. Can you name these outstanding Indians?

1. Iron Man of India

2. Nightingale of India

3. Milkman of India

4. Missile Man of India

5. Waterman of India



Info Bit

Mother Teresa spent her life as a nun, serving humanity in the slums of Kolkata. She was awarded the Nobel Peace Prize in 1979.



Discuss the contributions of the extraordinary legends in our lives.

